

Case6



Through this drawing, the client was able to integrate the symbol within self.

1-Symbol. Identification of the self through the symbol

2-Described desire for happy life which lead him to draw the third one.

3- Integration of sadness, anger and rage. The result was a yellow flower and all those three elements became a carpel of the flower

4- Exploration of calmness. top left, Tree, river is symbol of calmness to the client. top right, matter of concentration. A person is concentrating on board and wanting to response shown with hand. In the middle those hands representing of openness to any suggestion. Bottom of the page the integration of two concepts concentration and calmness

5- Feelings through the body posture. Number four is the conclusion which is: Being able making contact with confidence.

6-Desires of the life three is symbol of the life and those desires are fruits of the tree. Desires are; money, house, job and a lady. In trunk of the tree self is representing symbolically strong with strong and long roots.

7-Top right is being calm. The top left is result of not being calm in regard to decision making. Down one is result of not concentrating and focusing

8-Contents of conscious and unconscious

9-Letting go of the past. Balloons are representing past which the client was holding Down the page is letting go of the balloons representing the let go of the past

10- Exploring the fear and being brave.

11-Seeing and feeling fear as a dark part of the inner self. Acceptance fear and protection that will get by shielding self client statement “ I will carry that almost every day fifty, fifty”.

12-understanding the way of dealing with self-split through his life