Wertheimer wrote, "the illusion is a psychic state of affairs which he called the Phenomenon". He believed the illusion of motion takes place not at the level of sensation, in the retina, but of perception, in the mind, where incoming discrete sensations is seen as an organized unity with a meaning of its own. He called such an overall perception as a Gestalt, a German word that means form, shape, or configuration but that he used to mean a set of sensations perceived as a meaningful whole.

Mind, movement, perception of movement, image (inner and outer) (internal and external), time and space, contact and withdrawal are in a strong relation with illusion. I believe that illusion itself is not necessarily false yet is true and on the other hand in comparison with reality can be consider false. When we talk or think about illusion, certainly, in contrast we consider the function of logic too and as a result we conclude the illusion is irreal.

Logic has conceptual content and it is not stand-alone element (depended variables) and on the other hand experiencing has no conceptual content and it is stand-alone element (independent). Then core belief system in which has experiential effect although is learned behavior yet, feeling is involved. Each experience is not alike yet, has own unique defined feeling.

This rule also applies in the matter of any figure or shape (Figure and Background). To understand illusion I can give reference to any visual artwork like painting. In this case illusion happens when you are unconsciously accessing visual cues within your newly formed perception. Illusion has strong and direct relation with movement. I do believe any contact that we make with ourselves or our environment is requiring movement because it happens or happening within time and space and time and space is not solid elements of our life and will not be either. Clear example of this, is when you are looking around, in order to observe your environment you must move your eye in constant and rapid way. Of course, this is happening in a content of our functional behaviour and we are not giving an extra attention to this. However below you are viewing the laws of gestalt in which the concept of illusion, mind and perception most often applying within these laws even in the subject matter of pattern and structure.

The laws of Gestalt

Proximity
Similarity
Continuation or direction
Pragnanz (English meaning is pregnant): We see simplest possible shape
Closure filling the missing part
Figure and Ground perception
Size constancy
1+2+3+4+5+6+7+8+9+10    Pattern and structure
Not rigid way of thinking, not mind fixation thoughts, generates new vision, thoughts, and solutions to a problem
Meaning and thoughts in relation of learning
Learning through relationship
Relations are the key to perception, learning, and memory

Border/ Bridges

Contact: Is involving within two elements, which are:
A: sense of oneself
B: Imposing its content and context to a boundary

Contact is a meeting point between

1: between inner self and outer self
2: between self and others
3: between self and environment
Contact is experiencing rather than analytic view, which is an interpretation.

Differentiating the contact:

A: defining the contact in terms of

1: regulation
2: society
3: culture
4: perception
5: religion
6: Politics

B: Analytic view (interpretation)

1: Differentiating the contact as making new boundary
2: Experiencing contact
3: selective contact (selectively experiencing the life within choice and limitation)

I do not want review or give any analytic view about contact functions and its boundaries without considering matter of withdrawal. Contact and withdrawal are two unrepeatable elements and cannot view their functions one without other. Withdrawal is impasse point and most often cannot consider as function yet, in term of conflict can consider sum of inner conflict function. Just reviewing contact and its functions is meaningless for me. Now back to the subject of discussion, in a visual contact with environment the illusion rapidly happening and at the same time interruption is also happening in form of withdrawal. It is clear that reflection of light in such a rapid way makes you believe that you observe you are surrounding constantly and the same law is applying in constant illusion about contact, withdrawal and illusion. Therefore, you understand the effect of illusion and movement in contrast within environment. In conclusion, within gestalt experiments, art and hypnotherapy sessions you will access your visual cues constantly. Within each approach person is defining illusion in contrast with existing reality and this is how individual will be able to recognize and define the emotional block or blocks that is
preventing individual from moving forward on daily life. Within this approach individual's perception will reframe or will change in a very none bias way.